



Detox & Residential Substance Use Treatment Services




Substance use, depression, anxiety, and PTSD are all common issues for military and veterans, particularly those who have endured trauma during their time in service. Pyramid's Military Therapy & Recovery Programs use a clinically integrated approach to address underlying trauma and moral injury at their cores.

A Curriculum Built Just for Veterans

Our highly structured yet clinically flexible programs utilize a Process Therapy approach designed specifically for all veterans.

CBT, DBT, and Acceptance & Commitment Therapy (ACT) are incorporated to address the complex behavioral healthcare issues that service veterans commonly face.

Other key aspects of our curriculum include:

-  Phase 1 trauma stabilization, establishing safety, & building coping skills
-  Addressing moral injury through acceptance techniques & redefining valued living & well-being
-  Utilizing polyvagal theory to reprogram the autonomic nervous system & "fight vs. flight" responses

Our team is available to take your call 24/7, and can arrange complimentary transportation for a quick and easy admission.

Pyramid Military Therapy & Recovery Programs

UNDERSTANDING THE UNIQUE NEEDS OF THOSE WHO HAVE SERVED



Military Therapy & Recovery Programs at a Glance

- » Psychotherapeutic process group
- » Psychoeducational group
- » Holistic services and access to integrative treatment services
- » Weekly individual psychotherapy
- » Weekly family therapy session
- » Weekly family support group
- » Monthly family workshop
- » Peer support services
- » Medication management
- » Access to medical care



Treatment Team

- » Master's Level Clinician
- » Board Certified Medical Director
- » Psychiatric Nurse Practitioners
- » Registered Nurses & Licensed Practical Nurses
- » Veteran Peer Support Specialists
- » Certified Recovery Specialist (CRS)
- » Trained Behavioral Health Technicians

Pyramid is an approved provider of the Optum Veterans Community Care Network (VA-CCN).

For more information or to initiate a referral, please contact our Veterans & Military Help Line at (814) 524-3137.